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SEPTEMBER 2025

A magazine for those who live here and love it here.

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The online edition of The Village Magazine is an enhanced edition, with additional columns, calendar items, and much more!

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*On the Cover:
A look back at
Caring Community
Cuisine's ribbon-
cutting. Courtesy
photo*

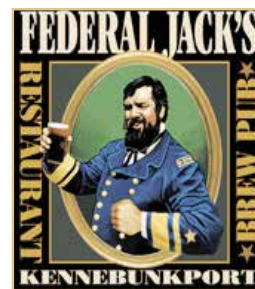
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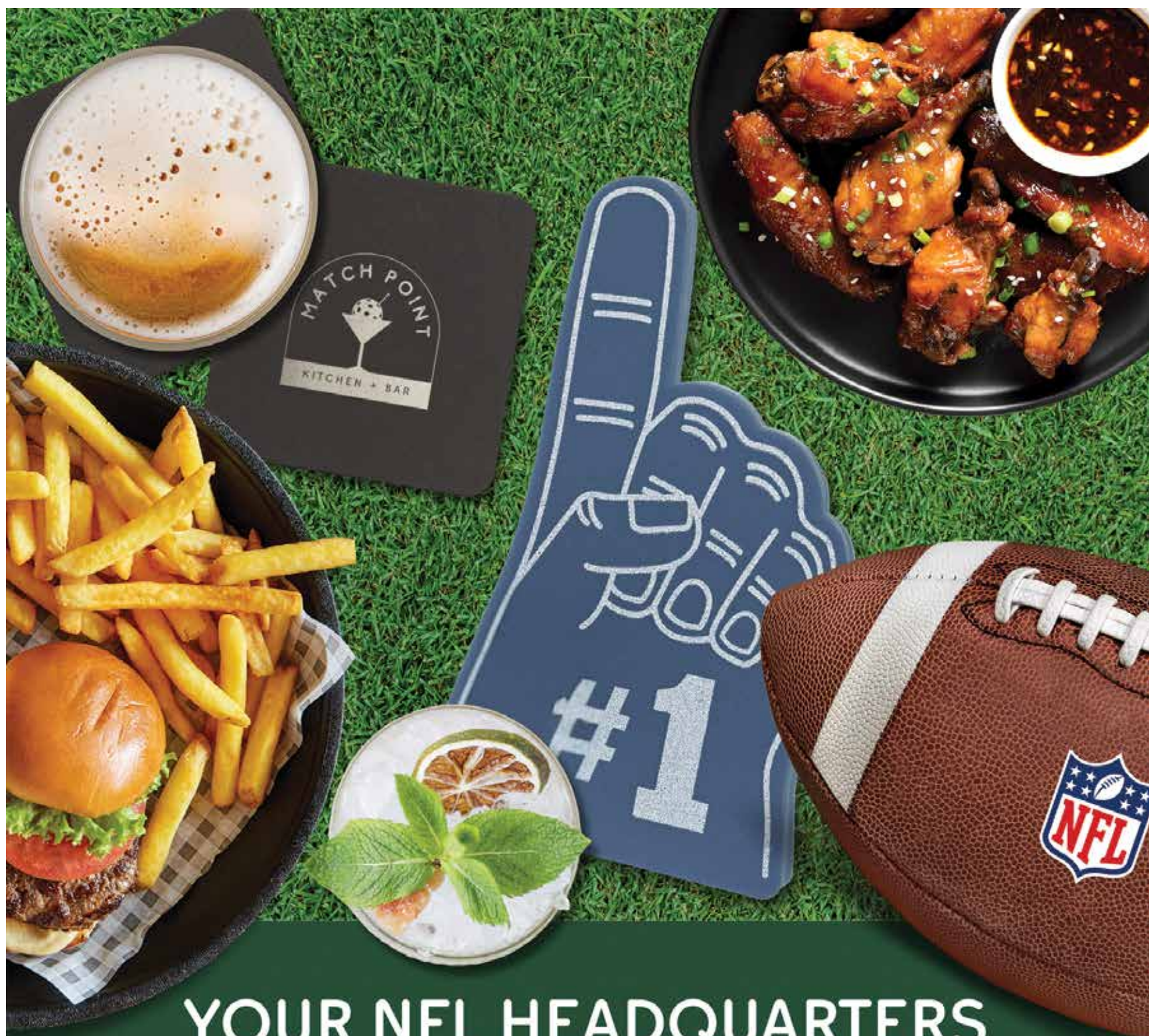
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Chef Steve

Village contributor Stephen Kaczala is a USCG licensed master captain, mate on the F/V Nor'easter, licensed electrician, chef, and avid fisherman. He specializes in ocean to table meals from the fresh fish he harvests himself. This month's recipe is Ravioli with Grilled Lobster and Fennel Cream Sauce.

Ravioli with Grilled Lobster and Fennel Cream Sauce

Serves 4

This elegant seafood pasta celebrates the delicate sweetness of lobster paired with the aromatic flavor of grilled fennel. The result is a cream sauce with subtle smokiness and rich depth, finished with an unexpected pop of fresh blueberries for brightness. Perfect for a special dinner, this dish offers layers of texture, flavor, and visual appeal.

Ingredients:

- 2 live lobsters (about 2 lbs each)
- 1 fennel bulb, plus fennel stems
- 12 large ravioli (fresh or store-bought)
- 1 stick (8 Tbsp) unsalted butter
- ½ cup olive oil, divided
- 1-pint heavy cream
- ½ cup all-purpose flour
- 1 cup brandy or dry sherry, divided
- 4 large garlic cloves
- 12 fresh blueberries
- Kosher salt and freshly ground black pepper

Instructions

Lobster:

Prepare the Lobster by removing the tails and claws from the live lobsters. Steam claws for 7 minutes, or until shells are bright red. Remove the meat and set aside.

Split the tops of the lobster tails lengthwise and gently pull the tail meat upward, resting it on top of the shell. Refrigerate the tails until ready to grill. Split the lobster bodies half lengthwise and set aside.

Build the Cream Base:

Heating 4 Tbsp olive oil over medium heat in a large saucepan. Add the split lobster bodies and trimmed fennel stems.

Season with salt and pepper. Cover and cook over medium heat for about 10 minutes, stirring occasionally. Add ¾ cup brandy and simmer for another 10 minutes. In a separate saucepan, gently warm the cream until the edges start to bubble. Add the cream to the lobster-fennel mixture in thirds, stirring after each addition. Simmer over low heat for 10 minutes, stirring often. Strain the mixture and return the infused cream to a clean saucepan.

Make the Roux:

In a medium sauté pan, heat 4 Tbsp olive oil over medium-low heat. Peel and crush garlic cloves; add to the oil and cook until caramelized. Remove the garlic and set it aside. Add the butter to the pan. Once melted, remove 4 Tbsp of the butter-oil mixture and reserve for grilling the lobster. Whisk in the flour to make a roux, cooking slowly over low heat for about 10 minutes, stirring constantly. Add the remaining ¼ cup brandy and cook for 5 minutes. Stir the roux into the cream base and simmer over low heat for 10 minutes, adjusting consistency with a splash of water if necessary.

Grill the Lobster and Fennel:

Preheat grill to high. Cut the fennel bulb into three thick wedges. Drizzle with olive oil, season with salt and pepper, and grill for 7 minutes, turning halfway through. Place lobster tail shell side down on the grill. Brush tops with the reserved butter-oil mixture. Grill for about 7 minutes, then flip and cook for another 2 minutes. Remove both the lobster tails and fennel from the grill. Finely chop the grilled fennel, claw meat, and caramelized garlic. Add to the cream sauce and cook over low heat for 7 minutes.

Cook ravioli according to package instructions. Drain and keep warm.

Assemble & Serve:

Cut lobster tail meat into bite-sized pieces. Spoon warm fennel-lobster cream sauce generously over the ravioli. Top with grilled lobster tail pieces. Garnish with fresh blueberries for a burst of sweetness. Serve immediately.

Chef's Tip:

For a slightly more intense smoky flavor, grill the lobster shells briefly before making the cream base.



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Kacy in Kennebunk

Back to school and back to routine

by Kacy Fallon

Mid-August arrived with a chill in the air. I know you felt it too even if, like me, you are in denial about summer ending. When I see a leaf that is beginning to change color, red running along its edge or marked brown among its still green neighbors, I quickly look away, like a scorned lover who has made too-long eye contact with That One Ex. Although autumn comes with its charms – pumpkin spice lattes and muffins, apple-picking, and even the coziness of a favorite sweater or flannel – summer is a hard season to top. Many of us are reluctant to let go of beach days, cook-outs, bonfires, trips “upta” camp, and an overall more relaxed schedule.

In comparison, the back-to-school shuffle brings mayhem, with throngs

of people shopping for new clothes, shoes, and supplies. Then, the first couple of weeks, children meltdown even more than usual, and the usual meltdowns were no picnic. Tourists head home, but now the locals must adjust to the traffic associated with school drop-off and pick-up. Whether you have school-age children or not, buckle up because back-to-school affects us all.

And yet, there is relief that comes with routine and structure. It's why a clean house or workspace feels so good. The *New York Times* bestseller, *Atomic Habits* by James Clear, and the oft-quoted *Make Your Bed* by Admiral William H. McRaven are only two of numerous books exploring this idea. Workout influencers on social media also preach routine and consistency.

Unsurprisingly, parenting books repeat the message too, like Natasha Caballero's *Rhythm and Routines: A Parent's Guide to Managing Life with Littles*.

Regarding children, the research favors flexible routines over rigid schedules. Dr. Beth Gachowski, Owner, Director, and Lead Teacher at Arundel Children's Garden, has decades of experience in early childhood education. She insists, “Routines are a critical part of a successful early learning program. As children first enter a new school, having a routine helps them settle in, know what to expect, and feel mastery over their day. Their mastery leads to feelings of comfort and security.” Those feelings are essential for learning. In other words, when we feel uncomfortable, insecure, or anxious, we are not able to easily receive and process information.

Gachowski adds, “Few children will fuss over a part of their day that is routine.” Similarly, most of us adults don't grumble when it's time to brush our teeth. We simply brush our teeth.

Kim John Payne, author of *Simplicity Parenting*, contributes to this conversation with a warning: “Too many scheduled activities may limit a child's ability to motivate and direct themselves.” That is, routine does not mean constant activities. Payne emphasizes, “Children need free, unstructured time.” Indeed, the goal, for children and adults alike, is to find a happy medium, a balance between scheduled activities and unstructured time.

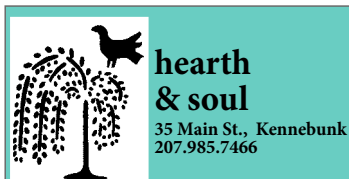
As noted, back-to-school is a re-

markable time of change for littles, but we adults face plenty of change too: career changes, moves, divorce, death. When long-time employees retire or long-term marriages end in divorce, routine might feel unattainable or useless. However, perhaps incorporating elements of structure, like morning meditations or daily walks, could help.

Personally, as much as I like to think of myself as a free-spirited child-at-heart with wildflowers in my hair and my bare feet racing through blueberry fields, no need for a map and not a care in the world, I thrive with structure. Honestly, my creativity suffers when I have no time constraints or responsibilities. Likewise, students in my creative writing classes at Endicott College produce stronger work when the instructions are specific and restrictive, suggesting a desire for structure.

Maybe the seasons themselves, along with moon cycles and tide times, are the very reasons that many of us enjoy, prefer, and thrive with routine and structure. After all, order is the antonym of chaos. Let's just remind each other of all this in the days and weeks ahead, which are sure to be frenzied. Good luck, all. We've got this.

Kacy Fallon is a proud mom, military wife, writer, and educator. She currently lives in Kennebunk with her husband and three young children. kacyfallon.com; on Instagram and Facebook @kacyinkennebunk.



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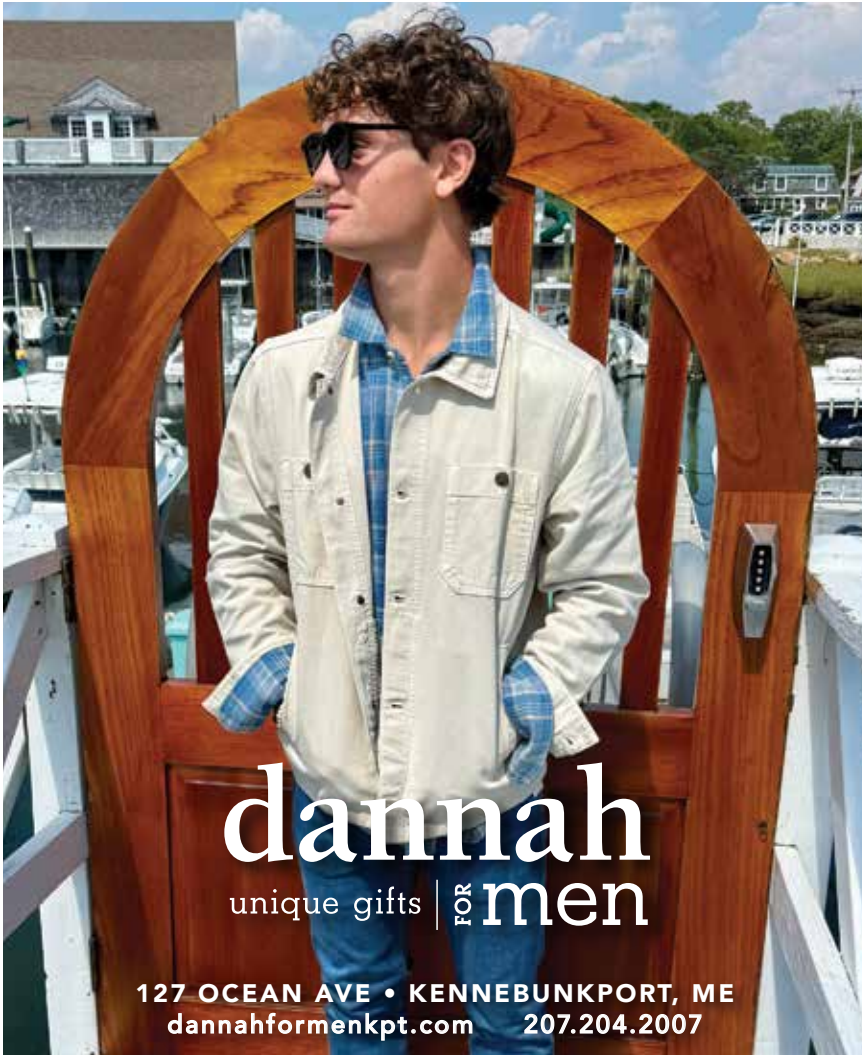
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The Village Round-Up

by Jo O'Connor

Each month, *The Village* highlights local businesses to showcase who they are and what they are about.

Coastal Threads: In the heart of Dock Square in Kennebunkport is a new woman-owned and operated boutique. From the handpicked coastal-inspired pieces to the laid-back vibe that greets you the moment you walk through the door, they offer a little bit of everything – custom apparel, Permanent Jewelry, stationery, accessories, home goods and more. Founded by Whitney Speers Coviello, a Kennebunkport native, this shop was born from a simple dream: to create the kind of place Whitney herself would love to stumble upon while exploring a seaside town—thoughtfully welcoming and effortlessly stylish. Whether you're a local or passing through, stop by, say hello and find something that makes you feel like you're on vacation—even for a moment.

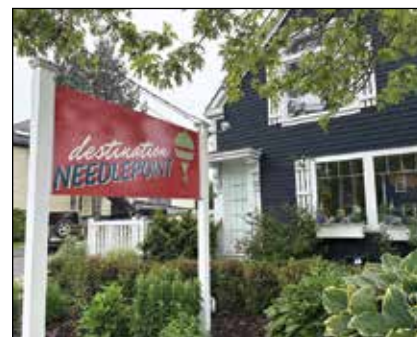
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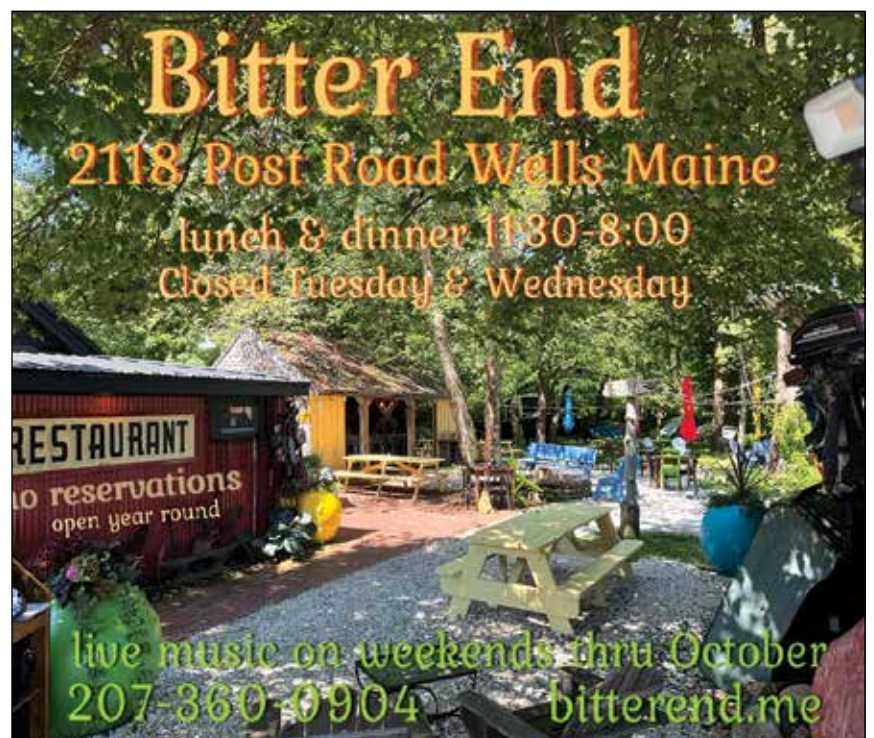
Destination Needlepoint: Swing by Maine's newest needlepoint destination for stitch lovers, aspirers, beginners, and supporters. Laura McCullough has now opened up her fourth shop in the Kennebunks (owning Dannah, Dannah for Men and La La Luna) for all things needlepoint. Destination Needlepoint will offer classes, retreats, and an occasional game night. Stop by soon.

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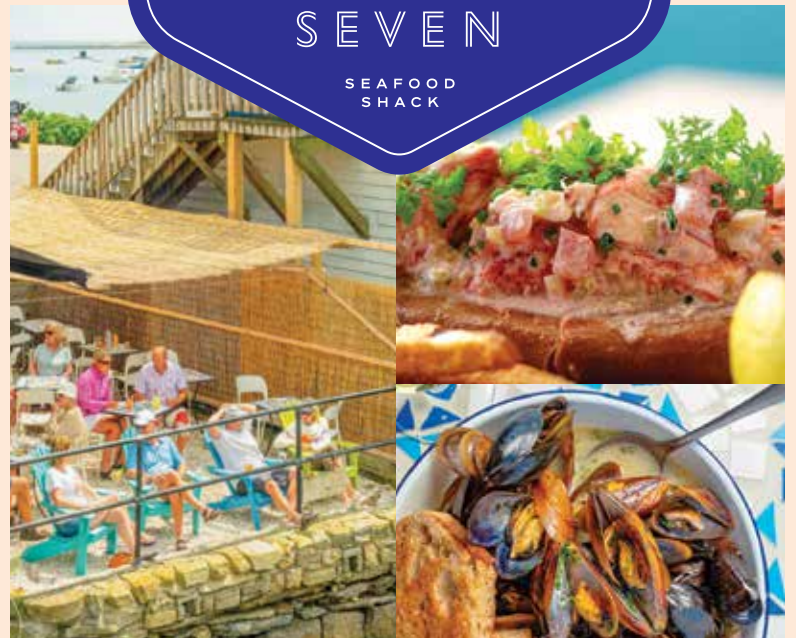
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Cuisine: We are here to provide meals based on the nutritional requirements of our Cancer Warriors. We also provide nutritional guidance and education.

by Shelley Wigglesworth

Caring Community Cuisine is a 501(c)(3) non-profit restaurant that provides family nutrition and human interaction to help those battling cancer and their families. Founded in 2024 by Selena Roy and Jonathan Cartwright (who ran the former Musette Restaurant in the same location where CCC is today), CCC represents a shift from a for-profit business model to a nonprofit model dedicated to a specific cause – in this case, the deficit in nutrition and food treatment available to those battling cancer within the community.

Here is how it works: Caring Community Cuisine restaurant, located at 2 Pier Road in Cape Porpoise, is open to the public on Sundays, Mondays, and Tuesdays for Pay it Forward dining from 9 a.m. to 2 p.m. Meals feature fresh and varied ingredients, such as veggie omelets, pancakes lobster, oysters, gnocchi, braised beef short ribs, and haddock sandwiches, with gluten-free options a priority. All proceeds and tips generated from dining patrons contribute directly to the nonprofit's mission. The cafe aims to provide

continued on next page



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a welcoming space where cancer patients can dine, find support, and celebrate milestones in their journey along with the general public.

When the cafe is closed to the public, the chefs focus on the Home Delivery program, creating nutritious meals for cancer patients and their families/caregivers which are delivered weekly, within a 30-mile radius, at no cost to recipients. The menu changes weekly, based on the nutritional requirements of the individuals and on local produce and product availability. Actor and part-time Kennebunkport resident Patrick Dempsey, founder of The Dempsey Center for Cancer, frequents the cafe and supports its mission. "The Patrick Dempsey Center for Cancer, Hope & Healing's Community Garden provides us with generous provisions of organic and delicious produce, which helps us create nourishing meals for the people we serve," said Cartwright. "Partnerships like this are vital."

CCC's clientele, who Cartwright and Roy refer to as "cancer warriors," choose from different offerings each week. The food is freshly prepared, then packaged so that it can be easily heated, if required, and served when it is convenient. "We are so thankful for all the kindness from CCC," said one family member of a meal recipient. "My mum and dad enjoy the visit each week as much as they enjoy the meals. The interaction is so nourishing just like the food."

According to Roy and Cartwright (who serve as CCC's Executive Director and CEO, respectively) and CFO Ben Fraser, CCC came into being as a way to actively and positively impact the cancer community. They, like so many of us, have lost close friends and family to the disease.

Cartwright lost close friend and mentor Laurie Bongiorno, who owned The White Barn Inn at the time when Cartwright served as executive chef. "I started to notice brief glimmers of relief when I brought Laurie and his family nutritious food" said Cartwright, "and knew there was something to expand on with this to help others."

In the Fall of 2024, the mission of Caring Community Cuisine was conceived. By the Spring of 2025, CCC was born and continues to grow and flourish today. CCC board member Karen Schlegel said she knew she wanted to be a part of CCC since hearing about it from Roy and Cartwright while dining at the restaurant. "When Jonathan and Selena first told me about this idea, I was onboard – from the formation of bylaws, board documents, and mission statement, to fundraising ideas, community contact to help secure funding, sponsors, and donations," said Schlegel. "It is such a worthy cause, I am so excited for CCC and all the good it provides, and I am proud to be involved."

"We can't cure cancer, but we can do something, and for us it is through cooking, feeding, and nurturing," Roy said. "We aim to extend that same vital support to more families in our community, allowing them to focus on healing and connection. We will only be able to continue our valuable mission with the kind donations of our caring community and friends of the Café. We are sincerely grateful to all who continue to support us in this important work."

A breakdown of CCC Cancer Support Services:

- CCC focuses on preparing and hand-delivering nutritious, restaurant-quality meals to individuals and families within a 30-mile radius.
- CCC customizes meals to cater to the specific health needs of cancer patients, considering factors like protein and potassium requirements.
- Beyond meals, the organization aims to foster human interaction, allowing families to share quality time together while fighting cancer.
- Special events, such as cooking classes, races, and fundraising dinners are offered outside of regular operating hours to further support their mission.
- Partnerships with other organizations to support their mission. For example, a portion of the sales of reusable bags at Hannaford grocery store goes towards the nonprofit, and garden donations from The Patrick Dempsey Center Community Garden are gratefully received and used in meals.

CCC's hours of operation in the café are Sunday through Tuesday, 9 a.m. to 2 p.m. for brunch, with weekly three course prix fixe meals by reservation. CCC also offers rentals of its restaurant space for private events and gatherings. FMI on CCC, visit: www.cckport.org



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Ogunquit Heritage Museum hosts annual fundraiser

On Sunday, September 14, Friends of the Ogunquit Heritage Museum (FOHM) will host "Dinner and a Chance" – a fundraiser for the Ogunquit Heritage Museum – at Jonathan's Ogunquit from 5-9 p.m. All are welcome and encouraged to attend.

The "Dinner" will be a buffet with dessert and coffee. The "Chance" part of the evening will be a silent auction of beautiful art by local artists such as

Don Gorvette, Fran Scully, Jeff Fitzgerald, Efram Burke, Russel Whitten, Susan Levenson, and Marilyn Eimon, along with a variety of gift certificates. There will be a cash bar, as well as live music by Eric Adam's Jazz Band. Tickets are \$70 per person.

Proceeds from the evening will go to expanding the Ogunquit Heritage Museum's educational programs, making improvements to the museum's gardens, increasing the lecture offerings, funding the museum exhibits, and possibly developing a children's program.

Please join the Friends of the Ogunquit Heritage Museum for a festive evening of delicious food a silent auction. Tickets are available at the museum. The museum is open Tuesday through Saturday, 1-5 p.m.

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Nestled on just over an acre in the highly desirable Land's End neighborhood, this meticulously built 2022 high-performance home offers over 3,000 sq ft of beautifully finished living space, featuring 3 bedrooms, 3.5 bathrooms, and versatile spaces to suit your lifestyle. As part of the Land's End Association, you'll enjoy deeded shared waterfront access to Porpoise Cove!



15 Benjamin Hubbard Lane, Kennebunk \$649,000
Welcome to Grant Farm - where comfort meets coastal charm! This spacious end unit 3 bed/2.5 bath condo with attached garage and delightful, private patio is perfectly situated just minutes from shopping and beaches. Offering the ideal blend of privacy, flexible living space and convenience to area amenities, this one won't last long!



106 Farragut Way, # 370 Kennebunk \$350,000
This pristine 1 bedroom, 1 bath end-unit condo is located at the desirable Farragut Condominium 55+ community. The open concept floor plan features a spacious living room with gas fireplace and gleaming hardwood floors. Convenient to shops and the amenities of downtown Kennebunk!



Prospect Reserve, Kennebunkport
Welcome to this 13-lot subdivision with over 50 acres of preserved land situated just one mile to Goose Rocks Beach. Don't wait to secure your lot in this premier subdivision! Lots range from 525k-625k



5 Ranger Lane, Arundel \$549,500
This stunning Acadia Loft condo is nestled within the award-winning Cape Arundel Cottage Preserve. Offering 2 spacious en suite bedrooms, expanded quartz kitchen bar, upgraded appliances, and propane fireplace. Outside you will find an expanded patio with a built-in firebar and a shed with electricity. Tucked into a quiet and private setting, this cottage truly has it all



Julie Barros
207-251-0205



Susan MacDonald
207-251-0105



Danielle Sette
201-841-0507



Heather Leach
207-229-7798



Shanna Jadooram
207-239-6808

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Church on the Cape unveils mural honoring beloved local artist

The Church on the Cape is now home to a striking temporary mural celebrating the life and legacy of "Cookie" Davis, a cherished local artist and laborer recently highlighted in the Brick Store Museum's 2024 exhibition "Bold Visions."

The mural was displayed on the outside of the museum during the exhibition, but now it lives on as a traveling artwork that will appear

in various familiar locations in the coming years. The mural will be on display at Church on the Cape until mid-October.

Born Colman Davis and later known as Dominique London, Davis was affectionately nicknamed "Cookie" by friends and neighbors. She was a well-known figure throughout the Kennebunks, especially in Cape Porpoise, where her creativity, warmth, and hard work left a lasting impact on the community.

To honor her memory, the Church on the Cape, in partnership with the Brick Store Museum, will host a Community Story Sharing Event on Sunday, September 7, from 11:30 a.m. to 12:30 p.m. (following Sunday service) at the Church, located at 3 Langsford Road in Cape Porpoise. This free gathering invites friends, neighbors, and

continued on next page



Happy Hour 4-6 pm every day

Beachfire Punch 8

Well Margarita 7

House Bloody Mary 7

House Wine (ask server for selection) 6

Mast Landing Champ Lager or Sam Seasonal 5

Pretzel Bites 7

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community members to share personal stories and memories of Cookie in an informal, welcoming group setting. This event will take place rain or shine. There will be artwork on display and *Bold Visions: The Art of Cookie Davis* books for sale at the event.

The oral histories shared during

this special event will be recorded and preserved in the Brick Store Museum's archives, ensuring that Cookie's legacy and the voices of her community live on for future generations. All are welcome to participate.

To RSVP, visit brickstoremuseum.org/calendar or call (207) 985-4802.

An Evening at the Wedding Cake House

The Brick Store Museum invites the community to a once-in-a-lifetime evening at one of Maine's most iconic homes: The Wedding Cake House. On Sunday, September 21 from 4 p.m. to 7 p.m., guests will enjoy an unforgettable gathering of flavors, music, and history inside the famed landmark.

This special event will feature live piano music by Kris Rodgers and delicious hors d'oeuvres and refreshments provided by For Love of Food

& Drink. Guests will also have the rare opportunity to step inside the historic home and experience its grandeur.

A \$100 per person donation to the Museum's Education Fund serves as admission. Proceeds support the Museum's mission to preserve and share the history of the Kennebunks.

Limited tickets remain and this event will sell out quickly. Tickets can be purchased online at: www.brickstoremuseum.org/calendar/weddingcakehouse.



Open Hearts Open Mic will be held on Monday, September 8th at 7 p.m. at The Kennebunk Inn! There are 10 slots, and sign-up is first-come, first-serve. Writers and artists may share up to five minutes of their work.

Admission is always free and open to the public. *Please note that while this event is typically on the first Monday of the month, this one will take place on the second Monday due to Labor Day.

AN EVENING AT THE
Wedding Cake House

SUNDAY, SEPTEMBER 21 | 4:00PM - 7:00PM

\$100 DONATION (P/P) TO THE MUSEUM'S EDUCATION FUND SERVES AS YOUR TICKET

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BRICK STORE MUSEUM

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Nonprofit Spotlight: First County Foundation

Transforming lives through training, support and recovery centers

Nonprofit spotlight brought to you by Lighthouse Real Estate Group

by Shelley Wigglesworth

Founded in 2023, First County Foundation (FCF) mission is "to support and strengthen safe and healthy communities by resourcing transformational solutions to the emergent needs of York County." Their goal and motto are simple- "One county's mission to change the nation," and with the support of the Southern Maine community and beyond, they are well on their way to doing just that. With a homebase at 45 Kennebunk Road in Alfred, ME, Key initiatives include:

First County Food Pantry: Open now, First County Food Pantry partners with York County Government, to operate a full-service food pantry in Alfred, serving over 3,000 individuals monthly with nutritious food while offering a market-style experience. Special holiday meals are provided during Thanksgiving and Christmas.

York County First Responder Training Center: Scheduled to open in

late 2025, this facility will serve as a regional training hub for a variety of first responders, including firefighters, emergency medical personnel, police, and others. It will also function as an Emergency Logistics Operations Center for disaster response.

York County Substance Use Treatment and Recovery Center: Expected to open in 2026, this center will provide 24/7 care for adults (18+) with substance use disorders in York County,



focusing on individualized and trauma-informed treatment. The center aims for lasting recovery through tailored treatment plans and aftercare support.

FMI on FCU, or to donate, serve, get involved or volunteer, visit: yorkcountycf.org/ or call: (207) 459-7055



First County Foundation courtesy photos.



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Russel Whitten art prints support Graves Library services

The Louis T. Graves Municipal Public Library is selling limited-edition fine art prints of an original watercolor by renowned Ocean Park artist Russel Whitten to support the library's free public services.

The painting, which beautifully captures the building's historic exterior, was commissioned as a



Watercolor by Russel Whitten

farewell gift to Mary-Lou Boucouvalas, who retired as library director earlier this summer.

The high-quality prints are reproduced on archival paper, numbered and signed by the artist, and ready for framing. The cost per print is \$150.

To purchase prints, which are selling fast (only 40 remain) see the library office staff at 18 Maine Street, Kennebunkport.



Courtesy photo

School Around Us hosts annual Jubilee Community Day Friday September 5

School Around Us will host its first Community Day of the year on Thursday, September 5, with its annual Jubilee celebration.

The day will feature a special performance by Andrew Silver of The Silver Circus, one of Maine's top entertainers known for his unique blend of magic, juggling, mentalism, and physical comedy. Silver's shows combine artistry, storytelling, and humor to captivate audiences of all ages.

In addition to the featured performance, the event will include a giant waterslide, lawn games with prizes, face painting, fair food, and more.

Community Days at School Around Us are open to all families with children ages 4-14, including homeschoolers in the greater community. These enrichment days focus on connection, learning, and fun.

For more information and to register:

www.schoolaroundus.org/cdays/jubilee-community-day



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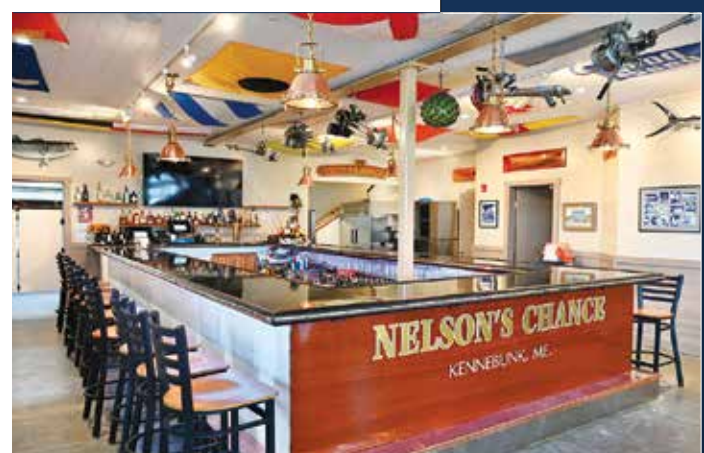
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In the Arts

Cutting and Stitching

by John Forssen

Duc Nhan is an extraordinary tailor who operates a retail store in Kennebunk called Wooven – at Cooper's Corner, just shy of the

bridge into Kennebunkport. But that's only the beginning

Vietnamese by birth, he arrived here six years ago at the age of 50, bringing with him, in addition to imagination and willingness to confront huge challenges, considerable talent as a tailor/designer/dreamer, he brought with him the capacity to embrace retail and wholesale operations both here and abroad...not to mention the determination to support cottage industries in Vietnam, Cambodia and Laos.

"There is a great deal of poverty there," said Nhan, "and we support them by importing their hand-woven fabrics for use in the design and manufacture of many of our products."

In 2023, Nhan was recognized for both his commercial and humanitarian work by Green Light Maine (a television production

that features the work and life experience of Maine's immigrant communities).

During the quiet winter season, Nhan and his partner Ron Briggs lead small tours, principally to Vietnam, in order to broaden understanding between the countries. "It's good that people remember how similar we are despite differences in language and history," said Nhan.

Nhan greets people by extending a hand, saying, "Hello, my name is Albert...I am happy to meet you." This, he believes, helps facilitate communication with those he meets.

His shop on Main Street in Biddeford, where he started his "cut and stitch" operations in the United States six years ago, is still operating, as is his original shop in Saigon. "You must remember," said Nhan, his hand sweeping the array of products in his Kennebunk shop, "first and foremost, I am a tailor. I have a tailor's eye for fabric and in my imagination, there is an endless stream of ideas – styles and designs I may never get to."

Nhan credits his mother for planting the seed. "You want clothes," she said to him one day, "you'd best learn how to sew...and

maybe go to school more often."

Both of which he did. The sewing came to him easily, and Nhan is a master, with an eye for the artistry in tailoring and the hands-on skill to make it work. Nhan has done a number of shows in the area, including three at Motorland and one at the Jewish Center in Portland.

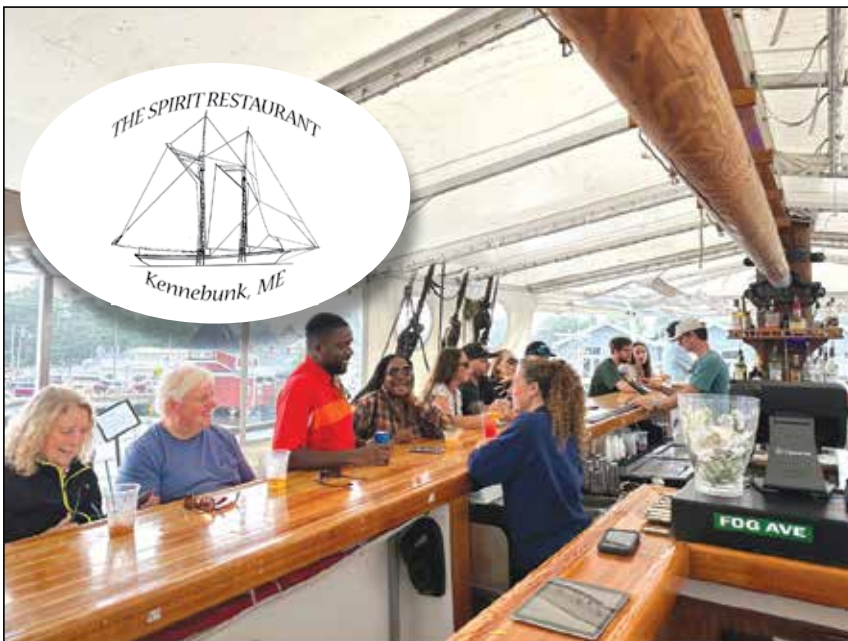
The range of products in the Kennebunk store, considering they flow from one imagination, is truly astounding: from wedding gowns to denim jackets and everything in between, including pocket books, decorative pillows, ceramics (many featuring Vietnamese themes), furniture, bedding, and lighting.

In a tiny space at the back of the store are two small sewing machines and piles of imported fabric. "In between customers," Nhan confided, "I dream and I sew."

John Forssen has spent most of his career writing or teaching writing. Since retiring in 2008, Forssen has been painting, showing his work at Art Guild of the Kennebunks and Maine Women in the Arts events.



Duc Nhan, 'Albert' to his friends and customers in Kennebunk, is both a tailor and designer of women's clothes and accessories. He has a retail shop in Kennebunk at Cooper's Corner and operates an import/export business...parts of which support poor communities in Vietnam Cambodia and Laos.



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Images courtesy of Kennebunkport Historical Society

Remembering Jane Morgan Weintraub

by Shelley Wigglesworth

Jane Morgan Weintraub, the glamorous American singer known for her traditional pop music and stage performances, passed away on August 4, 2025, at the age of 101. Morgan was a successful recording artist, earning six gold records, and was well known for her performances in France and the UK before gaining recognition in the United States. Morgan was also known for her philanthropy and involvement in various social and cultural causes.

Born Florence Catherine Currier, Jane Morgan Weintraub developed and maintained a lifelong affection and connection to Kennebunkport. As a child, she performed in theater productions at the Kennebunkport Playhouse, founded by her brother Robert Currier. Her involvement, in fact, was crucial to the Playhouse's longevity. Morgan returned to the Kennebunkport stage in 1955, performing her hit song "Fascination" and appearing in glamorous Paris Couture gowns. She bought a house on Blueberry Hill, off North Street in Kennebunkport, where she, her husband, and their three daughters spent many happy summers.

"My dad would take us by her house every time we visited my grandmother in Kennebunkport," said Ron Hamel of Kennebunk. "We caught sight of her several times when she was outside." Lisa Pelletier Harmon fondly remembers meeting Morgan. "Her eyes were recognizable even when she was in her 90s. Her beauty was there, her smile and her wonderfully kind personality radiated.

A friend of the late George H.W. Bush, Morgan performed for the Bushes at the White House during Bush's presidency. Undoubtedly, she was in one of her signature designer gowns, many of which were exhibited at Kennebunk's Brick Store Museum in 2022.

Morgan celebrated her 100th birthday at home in Kennebunkport last year.

2025 Nature Walks

September 6 - Alewife Woods

Featured Partner: Kennebunk Outfitters x Hoka Shoes

Special Theme - Preparedness for Hiking and Walking the Outdoors

October 4 - Oxbow Preserve

Featured Partner: The Center for Wildlife

Special Theme - Beaver Activity!



Kennebunk Land Trust

kennebunklandtrust.org

info@kennebunklandtrust.org

All walks are from 10 to 11:30 a.m.
Registrations are appreciated, and
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May 24-October 4



www.kennebunkmaine.us/artisansmarketplace
for pictures, vendors and more!

Wellness Wisdom

Nourishing your body this fall: Food and supplements for a strong immune system

by Annie Watts

As the seasons shift and autumn settles in, many of us start thinking about how to stay well through the colder months. Fall brings shorter days, cooler temperatures and a higher risk of colds and flu. The good news? Nature provides us with exactly what we need to support our health during this season.

Seasonal Produce for Immunity and Gut Health

One of the simplest and most effective ways to support wellness is to eat with the seasons. Fall produce is naturally designed to help our bodies transition.

Pumpkins and Sweet Potatoes – rich in beta-carotene, which the body converts into vitamin A to strengthen immune defenses.

Apples – abundant this time of year, packed with fiber and antioxidants that support digestion and help balance blood sugar.

Dark Leafy Greens (kale, collards, Swiss chard) – thrive in cooler weather and provide vitamin C, calcium, and magnesium.

Together, these foods not only strengthen the immune system but

also feed a healthy gut microbiome, the foundation of overall wellness.

Supporting Gut Health Through Food

A strong immune system begins in the gut. Nearly 70% of immune cells reside in the digestive tract, making the foods we choose especially important.

Probiotics: Yogurt, kefir, sauerkraut, kimchi, and other fermented vegetables provide beneficial bacteria that enhance digestion and immunity.

Prebiotics: Onions, garlic, leeks, and bananas feed those good bacteria, helping them thrive.

This dynamic combination improves digestion, reduces inflammation, and supports immunity just when you need it most.

Supplementation for Fall

While food is our first medicine, certain supplements can be especially helpful during fall and winter.

Vitamin D: With less sunlight, many people see their levels drop. A high-quality vitamin

D supplement—ideally paired with vitamin K2—can support immunity, bones, and heart health.

Elderberry: Long valued for its antiviral properties, it may reduce the severity and duration of colds.

Echinacea: A trusted herbal ally, often used as a short-term immune booster at the first sign of illness. You can often find lozenges paired with Zinc.

Oregano Oil: Oregano oil's antimicrobial properties can help balance gut flora, inhibiting harmful microorganisms and promoting a healthier digestive system.

Vitamin C: Vitamin C acts as a powerful antioxidant, eating up free radicals and protecting immune cells from damage caused by oxidative stress.

Zinc: Zinc is essential for the development and function of immune cells which are vital for fighting off infections. While it doesn't prevent colds, zinc supplements, particularly lozenges, may help reduce the duration and severity of a cold when taken at the onset of symptoms.

It is important to buy high quality supplements. All of these may be found at New Morning Health Food store in Kennebunk.

Practical Tips for Wellness

Roast a tray of sweet potatoes, carrots, parsnips, butternut squash and onions to enjoy all week.

Add a spoonful of sauerkraut or kimchi to sandwiches, wraps, or grain bowls.

Slice up an apple and eat with some nut butter as a healthy snack.

Start your morning with plain yogurt topped with granola and walnuts, and a drizzle of honey.

Sip on a warm mug of ginger tea with lemon for both comfort and immune support.

Ask your provider about checking vitamin D levels before winter sets in.

Annie Watts is a Functional Health Coach in Kennebunk. Annie also leads One Day Retreats for Women. Her next Retreat will be on Saturday, November 1st at Ferry Beach Conference Center in Saco. FMI www.anniewattswellness.com. You can follow her under Annie Watts Wellness on Facebook and Instagram.



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Local Events

Going on now:

"Dog Days of Summer: Animal Companions in Art," Arundel Farm Gallery, 76 Arundel Road, Arundel. Cats, dogs, rabbits, and companion birds will be featured in this sale of original artwork to benefit two local animal charities, Animal Welfare Society and Safe Haven Animal Rescue. The show will run through September 13. FMI arundelfarmgallery.com or 561-702-6396.

Thursday, September 4, 6 p.m.

Meeting of the Newcomers and Neighbors Club of Kennebunk, Kennebunkport, & Arundel, The Community House, 8 Temple Street, Kennebunkport. Social time begins at 6 p.m. and the meeting begins at 7 p.m. The Newcomers and Neighbors Club believes in the power of shared experiences. If you are new to the area or have been here a while and open to meeting new friends and learning more about your neighborhood we invite you to meet new friends and experience local historical drama. This kick-off gathering is free and open to the public. The program features an original play, based on actual letters in the Brick Store Museum's collection. The story called: Waves of Betrayal is performed by Diane Lent and Michael Mahler. It tells of the turbulent life of a sea captain's wife whose forbidden affair unfolds against the backdrop of the open ocean, challenging the boundaries of fidelity and desire. FMI kptanewcomers.org.

Friday September 5

School Around Us Annual Jubilee Com-

munity Day. School Around Us will host its first Community Day of the year. The day will feature a special performance by Andrew Silver of The Silver Circus, one of Maine's top entertainers known for his unique blend of magic, juggling, mentalism, and physical comedy. Silver's shows combine artistry, storytelling, and humor to captivate audiences of all ages. In addition to the featured performance, the event will include a giant waterslide, lawn games with prizes, face painting, fair food, and more. Community Days at School Around Us are open to all families with children ages 4-14, including home-schoolers in the greater community. These enrichment days focus on connection, learning, and fun. FMI and to register, visit: www.schoolaroundus.org/cdays/jubilee-community-day.

Saturday & Sunday, September 6 & 7
Summer Solstice Juried Craft Show, Wells Jr. High School, 1470 Post Road, Route 1, Wells, 10 a.m.-4 p.m. Saturday and 10 a.m.-3 p.m. Sunday. FMI summersolsticecraftshows.com.

Monday, September 8, 7 p.m.

Open Hearts Open Mic at The Kennebunk Inn. There are 10 slots, and sign-up is first-come, first-serve. Writers and artists may share up to five minutes of their work. Admission is always free and open to the public. *Please note that while this event is typically on the first Monday of the month, this one will take place on the second Monday due to Labor Day.

Sunday, September 14, 5-9 p.m.

"Dinner and a Chance" Fundraiser for the Ogunquit Heritage Museum,

Jonathan's Ogunquit. A festive evening of delicious food and a silent auction. Tickets available at the museum or call 207-646-0296.

Sunday, September 21, 4-7 p.m.

An Evening at The Wedding Cake House, Summer Street, Kennebunk. Flavors, music and history come together for one special event. brickstoremuseum.org

Thursday, September 25, 7 p.m.

Harmonies & Homes with Venti Cordi, Kennebunk River Club, Kennebunkport. AN evening of chamber music supporting The Neighborhood Housing Trust, supporting affordable housing in Southern Maine. For tickets nhtmaine.org.

Louis T. Graves Library
18 Maine Street, Kennebunkport
graveslinbrary.org

Tuesday, September 2 through 30. September is Library Card Sign-up Month. Sign up for a new card, refer a friend or update the information on your current card all month long to be entered in a raffle for prizes. The Louis T. Graves Memorial Public Library is located at 18 Maine Street, Kennebunkport. For further information, please call 207-967-2778 or visit www.graveslibrary.org.

Wednesdays at 7 p.m.

Portside Readers. Listen to stories, poems, tales, essays, drama, songs, and more by the Portside Readers. Tune in on the Louis T. Graves Memorial Public Library's Facebook page or YouTube channel, or watch them on the Town of Kennebunkport's cable channels 2 and 1301.

Chess Club

The Chess Club meets every Tuesday. Bring your board or use one of the library's. The group meets 2-4:30 p.m. in the Dow Room.

Port Knitters

This group meets on Wednesdays from 1-3 p.m. to sit and knit. Members are encouraged to bring any current projects and supplies. This is not a learn-to-knit class.

Ongoing Book Sale

Visit the Book Cellar to see what is in the store. The library is open Monday-Friday 9:30-5:00; Saturdays, 9:30-12:30.

Thursday, September 4 (through September 30)
Portland Camera Club Show. Founded on May 24, 1899, the Portland Camera Club is one of the oldest camera clubs in the United States. The club welcomes anyone interested in photography, regardless of experience. Programs include education through classes, workshops, photo outings and guest speakers as well as competitions. FMI PortlandCameraClub.org.

Friday, September 5, 10 a.m.

Fabulous Friday Family Storytime. In the community room every Friday at 10 AM. Everyone is welcome to Stay & Play at 10:45 a.m.

Saturday, September 6, 9:30 a.m.

On the Nightstand - Book Discussion Group. This group will meet in the Dow Room. Bring a book that is currently being read on your nightstand.

Wednesday, September 10, 9:30 a.m.

Coffee and Conversation with Loretta. Meet new Library Director Loretta Swift. Coffee, tea, and pastries will be provided.

Thursday, September 11, 9:45 a.m.

Morning Book Group. The group will be discussing *A Brilliant Night of Stars and Ice* by Rebecca Connolly.

Friday, September 12, 10 a.m.

Fabulous Friday Family Storytime is in the community room every Friday at 10 AM, and everyone is welcome to Stay & Play at 10:45 AM. T

Wednesday, September 17, 9 a.m.

Death Cafe - Community, Conversation, and Coffee. What is a Death Cafe? A Death Cafe is a safe and relaxed space to gather with people to discuss topics related to death and dying. Call us to register for this conversation. Facilitated by Marilyn R. Gugliucci, MA, Ph.D., AGHEF, GSAF, AGSF, NAOMEF, Professor and Director of Geriatric Education and Research at the University of New England.

Wednesday, September 17, 3:15-4 p.m.

Back-to-School Craft. Design your own pet rock paperweight and some cool bookmarks. The library also has back-to-school swag to send home with you. Please register.

Thursday, September 18, 3 p.m.

Write On! Enjoy putting pen to paper with your thoughts and stories.

Thursday, September 18, 5:30 to 7 p.m.

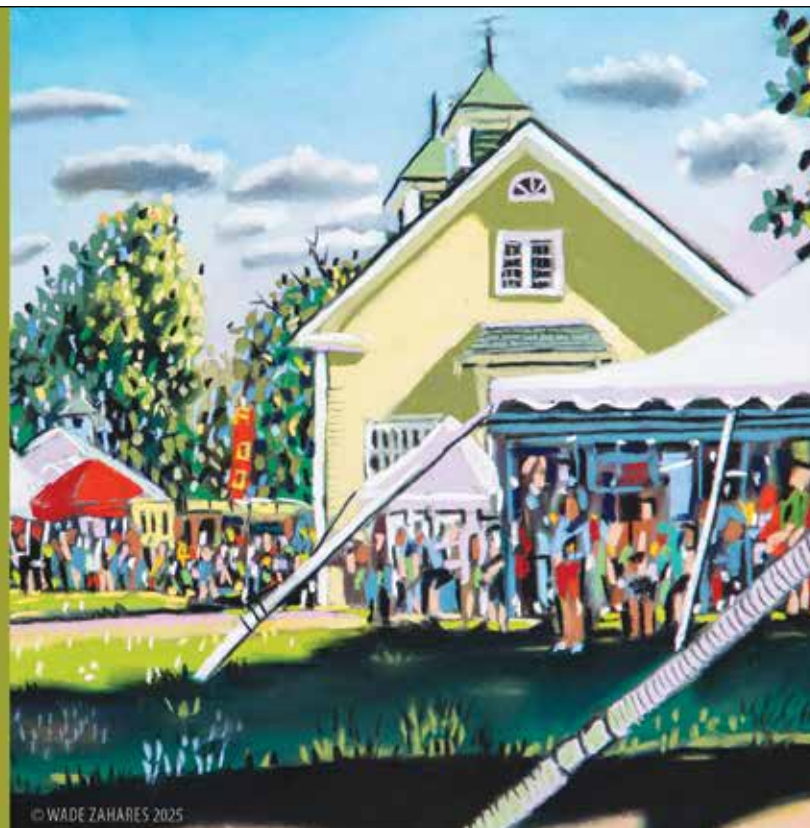
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wellsreserve.org/crafts



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Crafter Hours with Rayanne: Upcycled Book Art. Join resident artist Rayanne Coombs and learn how to upcycle an old book into a beautiful fall decor piece. All skill levels are welcome, and all supplies are provided, but space is limited. Call (207) 967-2778 to register.

Friday, September 19, 10 a.m.

Fabulous Friday Family Storytime. In the community room every Friday at 10 AM. Everyone is welcome to Stay & Play at 10:45 a.m.

Saturday, September 20, 2 p.m.

Author Kate Flora. As part of the Patsy Bray Mahoney Lecture Series, Kate Flora will read from her latest book, *Those Who Chose Evil* and talk about the writing process. Kate Flora's fascination with the darker side of human nature began in the Maine attorney general's office, where she encountered everything from deadbeat dads to child abusers to discriminatory employers. Now the author of twenty-eight books across crime fiction, true crime, memoir, and nonfiction, Flora's works have earned her many awards. Refreshments will be provided. Additional parking is available at the Fire Department Parking Lot (North Street).

Thursday, September 25, 9:30 a.m.

Coffee and Conversation with Loretta. Meet new Library Director Loretta Swift. Coffee, tea, and pastries will be provided.

Thursday, September 25, 5 p.m.

Evening Book Group. The book this month is *Playground* by Richard Powers. All are welcome to attend.

Thursday, September 25, 6:15 p.m.

Movie Night. Kick off two weeks of space-themed events. All are welcome to attend.

Friday, September 26, 10 a.m.

Fabulous Friday Family Storytime. In the community room every Friday at 10 AM. Everyone is welcome to Stay & Play at 10:45 a.m.

Wells Public Library
1434 Post Rd., Wells
wellslibrary.org

Wednesday, September 3, 10:30 a.m.

Toddler Storytime. Children ages 2-5 years old and their caregivers are invited to meet us for stories, songs, and movement, all followed by a craft. FMI contact Allison Herman at aherman@wellstown.org or call the library at 207-646-8181.

Friday, September 5, 3 p.m.

Lego and Rubik's Cube Club. All ages welcome. For more information, please contact Sabrina Smyke at ssmyke@wellstown.org or call the library at 207-646-8181.

Monday, September 8, 10:30 a.m.

Mother Goose Storytime. Children ages 0-24 months and their caregivers are invited to engage in lap activities, rhymes, songs, and fingerplays. FMI contact Allison Herman at aherman@wellstown.org or call the library at 207-646-8181.

Wednesday, September 10, 1 p.m.

Teen Crafting: Watercolor Pinwheels. Help decorate the teen section for the new school year by making watercolor hanging pinwheels. Make an extra for your own space to match! Snacks will be provided. For students in grade 5 and up. FMI contact Sabrina Smyke at ssmyke@wellstown.org or call the library at 207-646-8181.

Wednesday, September 17, 1 p.m.

Teen Gaming: Jeopardy! Afternoon. Put your knowledge to the test in this fast-paced, fun-filled Jeopardy showdown. Compete solo or in teams, categories announced day of. Snacks will be provided. For students in grade 5 and up. FMI contact Sabrina Smyke at ssmyke@wellstown.org or call the library at 207-646-8181.

Adult Programs

Adult Book Bags. Library card holders who are 18+ are welcome to sign up and receive a bag containing two library books personally chosen for you by a librarian, and some extra goodies to keep. Registration for this event is required. Register on the event calendar. FMI call the library at 207-646-8181.

Friday, August 29, 10 a.m.

Fiber Arts. FMI contact Kim Swejkoski at kswejkoski@wellstown.org or call the library at 207-646-8181.

Tuesday, September 2, 6 p.m.

Fiction Book Club. This month, participants will discuss *The Heaven and Earth Grocery Store* by James McBride. FMI contact Kim at kswejkoski@wellstown.org or call the library at 207-646-8181.

Thursday, September 4, 4 p.m.

Weekly Conversational French Language Group. An informal approach to practicing or re-learning French. FMI contact Kim Swejkoski at kswejkoski@wellstown.org or call the library at 207-646-8181.

Monday, September 15, 10 a.m.-1 p.m.

SMAA Medicare Info Sessions. Southern Maine Agency on Aging Medicare Program will help answer any questions you may have on Medicare. FMI call Southern Maine Agency on Aging at 207-396-6524.

Tuesday, September 16, 6 p.m.

Introduction to Genealogy. Join this beginner genealogy class designed to help you take the first steps in discovering your roots. BJ Jamieson will introduce the basics of genealogy research, including how to organize what you already know, basic search methods, and simple strategies to build your family tree. FMI contact Kim at kswejkoski@wellstown.org or call the library at 207-646-8181.

Wells Reserve at Laudholm
342 Laudholm Farm Road, Wells
wellsreserve.org

Thursday, September 4, 10-11:30 a.m.

Secrets of the Salt Marsh. Learn all about this special ecosystem, nestled between the forest and seashore. Free with site admission. Reserve your space at caryn@wellsnerr.org or (207) 646-1555 x110. Learn more at wellsreserve.org/calendar.

Saturday, September 6-7, 10 a.m.-4 p.m.

Laudholm Nature Crafts Festival. A popular tradition continues the weekend after Labor Day, as the Laudholm Nature Crafts Festival returns to the Wells Reserve at Laudholm for the 37th year. The festival features a selection of 150+ juried artisans, showcasing fine art, jewelry, ceramics, fiber crafts, mixed media work, and more. \$10/\$5. Tickets available online in advance and at the festival (cash or card). Learn more at wellsreserve.org/crafts.

Sunday, September 7, 11 a.m.-2 p.m.

Native Plant Sale at Laudholm Nature Crafts Festival. More than 40 species of young plants grown from wild or wild-type seed will be available for purchase, along with information on growing conditions, benefits to wildlife, and complementary species. Learn more at wellsreserve.org/calendar.

Monday, September 8, 10 a.m.-12 p.m.

Fern Walk. What is a fern? How many can we identify? Join Maine Master Naturalist Linda Littlefield Grenfell to learn about fern parts, the fern lifecycle, and the different kinds visible on the trails. \$8/\$6. Preregistration required at linda@wellsnerr.org or (207) 646-1555 x128. Please note: program fee does not include site admission. Learn more at wellsreserve.org/calendar.

Tuesdays, September 9-October 28 (no class on October 14), 8-9:15 a.m.

Morning Yoga Series. Begin your day with a gentle Hatha yoga class designed to help increase strength, flexibility, endurance, focus, and concentration. These all-level classes are small enough so that personal attention can be given to each student, whether a beginner or more advanced. Please note: This is a 7-week Tuesday morning series beginning on September 9 and ending on October 28 (no class on October 14), held in-person in Mather Auditorium and online via Zoom. You will need your own yoga mat for class. \$70/member and \$84/non-member. Preregistration is required at suzanne@wellsnerr.org or (207) 646-1555 x116. Learn more at wellsreserve.org/calendar.

Tuesday, September 9, 11 a.m.-2 p.m.

Kayaking on the Little River Estuary. Come explore where the river meets the sea—by kayak. Paddle the quiet waters of the Reserve's estuary while watching for wildlife and learning about this treasured habitat.

Minimum age is 12, and 12-15 year olds must be accompanied by an adult. Kayaks are single (not tandem), so each participant paddles their own kayak. Weather dependent. \$70/\$56. Preregistration required at wellsreserve.org/calendar. Please note: Program fee does not include site admission fee.

Wednesday, September 10, 10-11:30 a.m.

Laudholm's Farming Past. Delve into the stories of what these historic buildings were and are today. Explore the rich history of this site, beginning in the 1640s, from family home and farmland to National Estuarine Research Reserve. Free with site admission. Please reserve your space at caryn@wellsnerr.org or (207) 646-1555 x110. Learn more at wellsreserve.org/calendar.

Thursday, September 11, 10:30-11:30 a.m.

Preschool Story Hour: Is This a House for Hermit Crab? Join Education Director Suzanne Kahn for a reading of Megan McDonald's *Is This a House for Hermit Crab?*, followed by a related craft activity and outdoor discovery time! This program is geared towards ages 3 to 5 and their caregivers. Free with site admission. Preregistration required at suzanne@wellsnerr.org or (207) 646-1555 x116. Learn more at wellsreserve.org/calendar.

Friday, September 12, 10 a.m.-12:30 p.m.

Fall's Almost Here: Walk Among the Wildflowers & Other Fascinating Flora. Join naturalist Jeff Adams for a guided walk to explore the vibrant world of wildflowers. This program is appropriate for ages 16 and older. \$13/\$10. Preregistration required at suzanne@wellsnerr.org or (207) 646-1555 x116. Please note: Program fee does not include site admission fee. Learn more at wellsreserve.org/calendar.

Saturday, September 13, 10-11:45 a.m.

Eyes on the Estuary: A Visit to the Research Marsh. Explore current field research projects happening along the trail and out on the salt marsh. On this guided walk, dive deeper into these ongoing research projects to learn about the impacts of invasive plant and crab species, restoration of the endangered New England Cottontail, and participate in hands-on water quality monitoring. Free with admission. Preregistration is required at caryn@wellsnerr.org, (207) 646-1555 x110. Learn more at wellsreserve.org/calendar.

Tuesday, September 16, 10 a.m.-12 p.m.

Explore the Shore. Discover the secrets of the land, sea, and beach by exploring the shore. Program will start at the Gazebo with a quick introduction to tides before heading to the beach. Program duration is about 1 ½ - 2 hours and ends at the beach. Free with site admission. Please reserve your space at caryn@wellsnerr.org or (207) 646-1555 x110. Learn more at wellsreserve.org/calendar.

Tuesday, September 16, 1-2 p.m.

Cyanotype Workshop. Use the power of the sun to make your very own nature-inspired

cyanotype prints. Use natural materials and pre-treated 8-inch cotton squares to create beautiful blue images that only appear when exposed to the sun. Rain date will be September 18. Preregistration required at suzanne@wellsnerr.org or (207) 646-1555 x116. \$13/\$10. Please note: Program fee does not include site admission fee. Learn more at wellsreserve.org/calendar.

Tuesday, September 16, 7-8 p.m.

Community Farming & Grassland Birds: A Local Conservation Strategy with Noah Perlut. Presenter Noah Perlut will discuss Perlut Lab's exploration of how human habitat management affects the ecology of diverse species and habitats. Noah Perlut is an ornithologist and professor in the School of Marine and Environmental Programs at the University of New England. This program is presented by York County Audubon, in-person in Mather Auditorium and on Zoom. Registration required for Zoom link via wellsreserve.org/calendar.

Wednesday, September 17, 12:30-3:30 p.m.

Let's Go Tidepooling! Join Carol Steingart of Coast Encounters for an afternoon of romping in the tide pools. Please note: This program will be held off-site in Kennebunk—not at Laudholm Beach at the Wells Reserve. \$70/\$56. Preregistration required at suzanne@wellsnerr.org or (207) 646-1555 x116. Learn more at wellsreserve.org/calendar.

Thursday, September 18, 3-5pm

Mindful Experience. Slow down and open yourself to the sights, sounds and scents surrounding you on the Laudholm Campus of the Wells Reserve. Pre-registration required at linda@wellsnerr.org or (207) 646-1555 x128. \$8/\$6. Please note: Program fee does not include site admission fee. Learn more at wellsreserve.org/calendar.

Friday, September 19, 9am-12pm

Kayaking on the Little River Estuary. Come explore where the river meets the sea—by kayak. Minimum age is 12, and 12-15 year olds must be accompanied by an adult. Kayaks are single (not tandem), so each participant paddles their own kayak. Weather dependent. \$70/\$56. Preregistration required at wellsreserve.org/calendar. Please note: Program fee does not include site admission fee.

Sunday, September 21, 10am-1pm

Sunday Morning Kayaking on the Little River Estuary. Come explore where the river meets the sea—by kayak. Minimum age is 12, and 12-15 year olds must be accompanied by an adult. Maximum number of participants is 4, providing the added value of a smaller group experience. Weather dependent. \$80/\$64. Preregistration required at www.wellsreserve.org. Please note: Program fee does not include site admission fee.

Sunday, September 21, 3-5:30 p.m.

Boston Dance Theater presents SURGE Outdoor Dance & Climate Engagement Experience. Join Boston Dance Theater (BDT) at the Wells Reserve for an immersive afternoon of outdoor performance and environmental dialogue with SURGE, a collaborative site-specific dance event. Learn more at wellsreserve.org/calendar.

Tuesday, September 23, 12-1 p.m.

Meet the Scientist: A Photographic Journey Through the Life Stages of Fishes of the Gulf of Maine. Join Reserve scientist Jeremy Miller for this program devoted to fish found in the Gulf of Maine. Enjoy a chance to see some of the amazing photographs of these tiny larvae and discover what these fish look like as they make their way through a complex journey from egg to larvae to juvenile and finally adults. Suggested donation of \$5/person. Preregistration is not required for this program. Presentation will take place in Mather Auditorium. Learn more at wellsreserve.org/calendar.

Thursday, September 25, 12-3 p.m.

Kayaking on the Little River Estuary. Come explore where the river meets the sea—by kayak. Minimum age is 12, and 12-15 year olds must be accompanied by an adult. Kayaks are single (not tandem), so each participant paddles their own kayak. Weather dependent. \$70/\$56. Preregistration required at wellsreserve.org/calendar. Please note: Program fee does not include site admission fee.

Saturday September 27, 10-11:30 a.m.

Art Walk. Visit outdoor sculptures, the Coastal Ecology Center art gallery, the Wabanaki art in the Visitor Center, and the series of community art projects in the barn. Join us for this guided experience and be inspired by the mark a variety of talented artists have left here at the Reserve. \$8/\$6. Preregistration required at linda@wellsnerr.org or (207) 646-1555 x128. Please note: Program fee does not include site admission fee. Learn more at wellsreserve.org/calendar.

Monday, September 29, 10-11:30 a.m.

Secrets of the Salt Marsh. Learn all about this special ecosystem, nestled between the forest and seashore. Free with site admission. Please reserve your space at caryn@wellsnerr.org or (207) 646-1555 x110. Learn more at wellsreserve.org/calendar.

Tuesday, September 30, 4-7 p.m.

Sunset Kayaking on the Little River Estuary. Paddle the quiet waters of the Reserve's estuary. Minimum age is 12, and 12-15 year olds must be accompanied by an adult. Maximum number of participants is 4, providing the added value of a smaller group experience. Weather dependent. \$80/\$64. Preregistration required at wellsreserve.org. Please note: Program fee does not include site admission fee.

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Brick Store Museum

117 Main Street, Kennebunk
brickstoremuseum.org

Tuesday, September 2, 9, 16, 23, 30, 10:30 a.m. Imagine That: Three Centuries of Kennebunk Commerce Tour. This walking tour explores Main Street and its commercial history over three hundred years. Stretches from the Museum down to the Mousam River Bridge. (about a half mile, 60 minutes, led by trained tour guide). \$10.00 per person/\$5 for members. Reserve in advance.

Thursday, September 4, 11, 18, 25 : Historic District Walking Tour. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance.

Saturday, September 6, 13, 20, 27, 12 p.m. Historic District Walking Tour. Explore the history of the elaborate and historic homes that line Kennebunk's Summer Street neighborhood in Downtown Kennebunk. Led by Museum tour guide. \$10 per person/\$5 for members. Reserve in advance.

Saturday, September 6, 2-3:30 p.m. How Squanto, Samoset and David Thomson Saved the Pilgrims: 200th Anniversary Lecture Series. The special summer lecture series explores the everyday lives, choices, and challenges that shaped early America. Free.

Sunday, September 7, 11:30 a.m.-12:30 p.m. Community Story Share: Cape Porpoise's Cookie Davis, Church on the Cape, 3 Langsford Road, Cape Porpoise. The Church and the Brick Store Museum are inviting community members to share stories and memories (or just listen) of local resident Cookie Davis. RSVP by visiting www.brickstoremuseum.org/calendar.

Thursday, September 11, 2 p.m. Paper Marbling for Adults. Discover the centuries-old art of paper marbling in this hands-on adult workshop. \$40 per person. Reserve in advance.

Friday, September 12: Second Friday at the Brick Store Museum. Visit the museum during its Second Friday Free Admission day.

Wednesday, September 17, 5-7 p.m. Museum Behind-the-Scenes. Museum members are invited to step "behind the curtain" to explore the museum's storage rooms containing 55,000 objects related to Kennebunk History. RSVP at www.brickstoremuseum.org/calendar

Sunday, September 21, 4-7 p.m. An Evening at the Wedding Cake House. Enjoy an evening at the historic Wedding Cake House with food, music and beverages, all to raise funds for the Brick Store Museum's Education Fund. Reserve tickets by calling 985-4802 or visit www.brickstoremuseum.org/calendar

Thursday, September 25, 5-7 p.m. Maine State Flag Embroidery Class. Hands-on embroidery workshop for adults to celebrate Maine's heritage through needle and thread. Registration is \$45. Reserve in advance.

Legendary Irish Fiddler Kevin Burke to Perform in Kennebunk

Kevin Burke, one of the most popular and influential Irish fiddlers of our time, will make a solo appearance at the Brick Store Museum in downtown Kennebunk, Saturday, September 13. Burke's show is part of the popular "Concerts in West K!" series of acoustic music concerts.

Born in London in 1950, to parents from County Sligo, Ireland, Burke began playing the fiddle when he was seven or eight years old. London at the time was home to a large community of Irish emigrants, and Irish music thrived in the city. Immersion in this scene, combined with formal violin lessons, provided Burke with an exceptional education in Irish music.

Burke has enjoyed a wide-ranging professional career. He has been a member of some of the most popular and influential Irish groups of the past 40 years, including the Bothy Band, Patrick Street, Open House, and the Celtic Fiddle Festival. He has also worked with a number of duo partners, such as Jackie Daly, Micheal O Domhnaill, Ged Foley, and Cal Scott. Burke has nonetheless retained his love for solo fiddle music – the "naked fiddle" as he himself sometimes puts it.

He has garnered prestigious awards in both Ireland and the U.S. In 2002 he received a National Heritage Fellowship from the National Endowment for the Arts, the USA's highest honor for excellence in the folk and traditional arts. In 2016 he was named Irish Traditional Musician of the year by the Irish language TV channel TG4. Kevin has also been honored by his adopted home state with his induction to the Oregon Music Hall of Fame.

Burke's Kennebunk concert will feature a special guest appearance by stepdancer Kieran Jordan from Boston. She brings a lyrical and expressive style to the rhythm and percussion of traditional Irish dance. She has been dancing since the age of five, and has performed and taught locally and internationally for more than 30 years. She is the Dance Director for the Acadia Festival of Traditional Music and Dance, held annually in Bar Harbor, Maine.

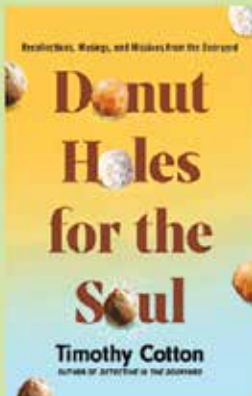
Burke's concert will take place Saturday, September 13 at 7:30 pm in the Dane Street Program Center of the Brick Store Museum. The museum is at 117 Main Street, adjacent to the town hall in downtown Kennebunk. Admission to the concert is \$25.00 per person. Advance tickets are available online www.brickstoremuseum.org/calendar. Unpaid reservations may be made by e-mail to: paul.wells@mousamrivermusic.net. Tickets may also be purchased at the door.



Meet the Author! Tim Cotton

Tues. Sept. 9 at 4:00pm
Wells Public Library
1434 Post Rd (Route 1)

Space is limited. Registration required. Book online at the Wells Public Library Event Calendar or call 207-646-8181



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